

VITALITY COFFEE BREAKS

WE BELIEVE
THAT GOOD
FOOD MAKES
PEOPLE FEEL
HAPPY AND
VITAL



VITALITY OUR PASSION

We use well balanced and delicious dishes that enhance the vitality and quality of life of our guests. We use great ingredients, treated simply and with respect.

WHY?

We believe that good food makes people feel happy and vital.

HOW?

We provide the right food at the right time for our guests to feel well and energised.

WHAT?

Our Vitality offerings enhance the natural energy and healthy lifestyles of our Swissôtel guests.

OUR COFFEE BREAK INSPIRATIONS

OVERNIGHT OATS

#overnight oats #parfait #healthy breakfast



VEGGIE BALLS / MEAT BALLS

#veggie fritters #veggie puffer #falafel #veggie tots #veggie fingers #healthy meatballs #polpette #chicken kebab



FRITTATA

#frittata #egg muffin #quiche without dough #tamago #tamagoyaki



WRAPS / ROLLS / TACOS

#healthy wraps #healthy rolls #summer rolls #healthy burritos #healthy tacos



POPCORN

#herbs popcorn #healthy popcorn



ENERGY BITES

#energy lollipop #energy bars #energy balls #energy bites



POPSICLES/LOLLIPOPS

#popsicles



VITALITY SHOTS

#healthy shots #fruit shots #ginger shots #broth shots

