THE PÜROVEL PHILOSOPHY

The Pürovel philosophy is derived from the origin of wellbeing and use of nature’s resources, such as stone, wood, water, flora, and pure, invigorating Alpine air reflecting the changing seasons of the Swiss mountains. Signature Pürovel Spa treatments use essential oils organically produced in Switzerland, and work in symmetry with well-designed and modern sports training facilities, having both been created to invigorate and vitalize in rhythm with the seasons.
PÜROVEL SPA AND SPORT

Located in the heart of Clarke Quay, Pürovel Spa & Sport at Swissôtel Merchant Court is the perfect oasis in which to awaken and energise. Celebrating the origins of wellbeing, the Pürovel philosophy is inspired by the alpine seasons, which mirror the four stages of natural vitality: renewal, peak activity, recovery, and hibernation.

Signature Pürovel Spa treatments use essential oils from Alpine flowers and herbs to invigorate your mind, body, and soul.

The spa hosts four treatment rooms inclusive of one couple’s suite, each with a private shower. The facilities are complete with changing rooms, experience showers, saunas and steam rooms.

Recreational facilities include an idyllic pool area with water-slides and an outdoor Jacuzzi for relaxation. For a revitalising workout, there is a well-equipped two-level fitness centre that is open 24 hours a day. Pürovel Spa & Sport at Swissôtel Merchant Court is the perfect retreat to soothe and strengthen while you enjoy our wide choice of treatments, from contemporary therapies to traditional ayurvedic treatments.
OUR PRODUCT PHILOSOPHY

When choosing products for each of our Pürovel Spa and Sports around the world, we passionately emphasize on the needs of our guests. With quality in mind, each brand chosen has proven performance, delivering effective, reliable treatment results. Environmental sustainability and Swissness is considered whenever and wherever possible reflecting our commitment to our brand. Our relationships with our products houses are important in ensuring we have the best spa products and training available for each and every experience.

PÜROVEL SPA AND SPORT PRODUCTS

Pürovel bath products are inspired by the Alpine seasons. Not surprisingly, their ingredients grow in a Swiss Alpine garden. Enjoy a shower with one of our shampoos, shower gels, conditioners, or soaps, which are created by mixing essential oils of various Swiss flowers and trees, and you’ll see what we mean. Smell the scent of a mountain meadow and feel the water massage your soul.

From Switzerland, our bathroom amenities are packaged using recyclable materials and are shipped worldwide to all of our hotels as a gift for you. They’re our way of saying thank you for staying with us.

INTRACEUTICALS

Intraceuticals treatments and professional grade skincare combine powerful anti-ageing ingredients, vitamins and antioxidants with multiweight hyaluronic acid to dramatically transform the look and feel of your skin. Intraceuticals is used by top celebrities and highend skin care professional all of the world to offer the highest grade oxygen infusion facials with outstanding results immediately.

THÉMAÉ

THÉMAÉ, the Japanese name for the tea preparation ceremony, symbolizes a world of sensations, beauty and pleasure that comes to life in a unique place in Paris. THÉMAÉ celebrates the tea benefits and bring them into the heart of each formula in the precious Complexe des 4 Thés® (4 Teas Extract) which blends the regenerating white tea, stimulating black tea, soothing red tea, and the antioxidant green tea.
PUROVEL SPA AND SPORT FACILITIES

VITALITY
In Switzerland, we enjoy hiking the Alps, eating organic foods, and staying in shape on our own schedule. So whenever we go, we take our Vitality with us. Vitality is both a philosophy and a program that focuses on your wellbeing and quality of life. With many possibilities for stimulating your physical and mental fitness in your own time and comfort zone, Vitality allows you to feel as good on the road as you do at home. We offer the following facilities and services:

• Personal Training
• Member clubs
• Outdoor Swimming Pool
• Shower and locker areas
• Women’s steam room
• Men’s steam room and sauna

PERSONAL TRAINING
Attain peak performances whilst achieving your desired fitness results. Combine workouts with one-to-one strength training, fitness coaching and lifestyle sessions. We are committed to creating a customized program, aimed at achieving your overall fitness goals.

MEMBERSHIPS
Pürovel Spa and Sport offers memberships to fit all your fitness and well-being needs. We have 3, 6 and 12 month membership options to meet the different needs of our guests. For more information, contact our Spa receptionists who would be happy to assist you.

The Fitness Centre is open 24 hours daily.

OUTDOOR SWIMMING POOLS
Pürovel Spa & Sport’s outdoor pool is surrounded by comfortable deck chairs and signature Swissôtel service. It is the perfect place to swim or relax.

The Pool is open daily from 6.30am – 10.00pm

HYDROTHERAPY WELLNESS EXPERIENCES

STEAM ROOM WELLNESS
This humid, aromatic heat experience is highly beneficial for those that suffer from asthma and bronchitis, as it opens up the breathing passages and alleviates congestion. We recommend that a session last 10-15 minutes and that you keep your body well hydrated afterwards. Humid heat is especially beneficial before or after a massage treatment to increase circulation.

SAUNA WELLNESS
Dry heat soothes and warms the muscles, relieving tension from your body and minimizing joint pain. This is especially beneficial for those who suffer from conditions such as arthritis, painful migraines, and headaches, or as a way of warming the body after an intense workout or treating the common cold. Dry heat is recommended for 10-15 minutes daily and it is important to ensure that you body is kept well hydrated afterwards.
JOURNEY OF THE EAST - 150 MINUTES
Begin your Journey of the East with a 3 Tea Purifying Body Wrap which helps remove toxins and restore a sense of calm vitality. Clay, talcum and rice powders absorb excess oils and smooth the texture of the skin leaving it instantly soft. Next, relax into a Lomi-Mae massage which releases muscle tension mainly orchestrated by the hands and forearms. Fluid rhythmic rocking techniques followed by warm and enveloping movements, stimulate the muscles and release positive energy retained in the joints of the body. Finish with an express facial which totally refreshes the skin.

VITALITY BODY BOOST - 120 MINUTES
Begin with a full body fitness assessment and personal training session to meet your fitness goals. Finish with a 60 minute Wellness Muscle Recovery Massage to increase circulation and assist with recovery after your work out. Our team of dedicated professionals will work with you to attain your personal wellness and keep you in the best shape possible.
MASSAGE EXPERIENCES

PUROVEL MOUNTAIN STONE MASSAGE - 90 MINUTES
Inspired from the Swiss Mountain Stones this East meets West traditional therapy soothes muscle tension and encourages circulation. Using nourishing essential oils and warm volcanic stones to penetrate tired aching muscles, and combined with healing hands, this treatment will allow you to unwind into a restful state of mind.

SINGAPORE MASSAGE - 90 MINUTES
This spectacular treatment draws on three cultures to deliver an intensely relaxing and calming experience. Specifically designed to expel fatigue from the body as well as rid it of daily stresses and tensions. In order to rebalance energies, movements are precise and sustained, focusing on the tense parts of the body utilising Chinese, Malaysian and Indian massage techniques. The treatment culminates with the elimination of ‘body heat’ achieved by stimulating the foot’s reflex zones.

WELLBEING MUSCLE RECOVERY MASSAGE - 60/90 MINUTES
This medium to deep pressure full body massage is designed to improve energy levels, sound sleep, and melt away muscle tension. A perfect massage for active people who need some muscle recovery. Awaken the senses with our Pürovel Alpine Spring essential oil blending together a light combination of clary sage, rose geranium and lemon balm which act to warm the muscles, sooth aches and pains and invigorate the mind for a feeling of overall wellbeing and vitality.

REFRESHING RELAXATION MASSAGE - 60/90 MINUTES
This customized relaxation massage uses long, soothing strokes to relax muscles and aid both the lymphatic and circulatory systems. Calm yourself after a long journey and rest easy with the signature scents of our Pürovel Meadow Mountain essential oil. Fresh scents of lavender, clary sage and pine assist in calming your overactive mind and help bring you to a more restful state.
CLASSIC FACIALS FOR WOMEN AND MEN

Choose from a selection of ladies and men’s facials from INTRACEUTICALS to suit your personal skin care needs.

INTRACEUTICALS OXYGEN TREATMENT FACIALS

Intraceuticals facials offer a result orientated treatment using a machine and the proprietary 3-Step Hyaluronic Layering Process which promises to hydrate, lift and tighten to improve the appearance of the skin. Developed in Australia, the treatment effectively delivers vitamins, antioxidants and peptides to the deeper layers of the skin with instant visible result. The treatment is non-invasive, utilising hyaluronic acid which plumps and hydrates the skin to remove fine lines and improve sagging skin. See the difference even after just one facial.

ULTIMATE ANTI-AGEING FACIAL - 90 MINUTES

To achieve instant results combine powerful ingredients from the Rejuvenation or Opulence lines together with the Atoxelene skin care treatment for a more targeted result. Rapidly improve the appearance of fine lines and wrinkles and while tightening and firming the facial contour. The treatment is complete with a scalp and neck massage.

INTENSE HYDRATION REJUVENATE FACIAL - 75 MINUTES

This skin quenching treatment provides the ultimate in intense hydration. Perfect for all skin types, the Rejuvenate Serum contains vitamins and antioxidants that dramatically lift, tone and deeply hydrate the skin enhancing facial volume and improving the contour of the face. Results are instant and continue to improve the days following the facial providing a refresh glow for the skin that reduces the fine lines and wrinkles.

INTENSE BRIGHTENING OPULENCE FACIAL - 75 MINUTES

The Opulence treatment combines botanical brighteners and highly concentrated Vitamin C to balance and brighten dull and uneven skin tones. Pigmentation caused by sun damage or pre mature aging is minimized revealing a brighter more even skin tone with an instant radiant glow that is seen deep into the skin improving the appearance of fine lines and wrinkles.

FACIAL ENHANCEMENTS FOR INTRACEUTICAL FACIALS

Add these facial enhancements on to any facial with no extra time needed.

- Vitamin C + 3: Three forms of vitamin c work together to protect and promote healthy glowing skin.
- Collagen: State of the art collagen building peptides for an extra firming and tightening.
- Vitamin A: A new form of Retinol that refines and defines skin.
- Antioxidants: Natural super fruits protect and balance the skin.

***Although you will see results after just one facial, Intraceuticals can be sold in a series of facials for best results. Please ask one of our dedicated spa receptionists who will be able to provide the pricelist for you. To further the benefits we have home care packages that are available in our retail space.
BODY EXPERIENCES

SLIMMING CEREMONY - 90 MINUTES
This treatment combines relaxation with slimming results. Starting with a lymphatic massage of the legs, combined with tapping and roll movements, the skin is detoxified and toned through the application of suction pads, reducing the appearance of cellulite as well as tackle fluid retention. To finish, a green tea and kelp wrap is applied to the body to activate the cell’s metabolism, leading to a visible and measurable inch loss after just a few sessions. Boosted by foot and scalp massages, your total relaxation enables the skin to rediscover its suppleness and firmness.

NEPALESE STYLE TEA EXFOLIATION - 60 MINUTES
A chance to revitalise the skin’s radiance through gentle massage and exfoliation. An aromatic paste of apricot oil, shea butter, bamboo powder and Complexe des 4 Thés® (4 Teas Elixir) rid your skin of impurities, leaving it feeling fresh and radiant.

BOURBON TEA INTENSE BODY WRAP - 60 MINUTES
Sumptuous and creamy Bourbon Tea Intense Body Wrap will give you supple-soft and comfortable skin. Combining the beneficial properties of milk, rice and kaolin powders with a vanilla and coconut nectar, the treatment envelops the body in a sheen of softness and moisture. As your skin revitalizes, let your body relax and absorb the unique fragrances and sensations with our scalp and foot massage.

SHIRODHARA - 45 MINUTES
A unique Ayurvedic treatment where a fine stream of warm oil consistently runs onto the “third eye” followed by a relaxing head massage. Exceptionally calming to the mind and body, Shirodhara is the perfect treatment to relieve stress, headaches and insomnia.

COUPLES TREATMENTS

COUPLES MASSAGE JUST FOR TWO - 60/90 MINUTES
Relax together with our Puravel Refreshing, which uses a blend of essential oils and purpose-designed movements to stimulate circulation, promote deep relaxation and restore the flow of energy throughout the body. The wonderfully soothing and rejuvenating experience is ideal for togetherness time.

ADDITIONAL TIME
For those who wish to upgrade any of our present treatments with additional time and services, or for those who don’t have the time to stay and indulge, we have created mini treatments to suit all your skin care needs ensuring complete relaxation and rejuvenation. Choose from a variety of 30 minute mini treatments including:

• 30 minute Instant Glow Facial
• 30 minute back, neck and shoulder massage
• 30 minute foot massage
• 30 minute head and scalp massage
• 30 minute body scrub

SALON SERVICES
Puravel Spa and Sport offers a range of manicure and pedicure treatments. Ask our receptionists for time and availability of your favorite salon service.
SPA ETIQUETTE

SPA EXPERIENCE
Pürovel Spa and Sport offers a variety of vibrant experiences using performance-based spa products. Choose from a variety of massages, body treatments, and facials.

SPA ENVIRONMENT
Pürovel Spa and Sport is the hub for Vitality offering the best in Spa and Sport facilities. To ensure you energize and feel your best, phones and other electronic devices are not permitted in the treatment and spa areas. If you would like to receive messages during your time with us, please let our staff know.

MAKING SPA APPOINTMENTS
T +65 6239 1780 / 1783 Email purovel.merchantcourt@swissotel.com
Advanced reservations are recommended to ensure availability. Our Spa Receptionists will be delighted to guide you to select your spa experience.

SPA CANCELLATION POLICY
If you must reschedule or cancel any spa appointments or packages, please notify the Spa 4 hours in advance. Missed appointments without proper notices are subject to a 100% charge for reserved services.

FEES AND SERVICE CHARGE
Local GST is included in all treatment prices.

SPA ARRIVAL AND ETIQUETTE
We recommend you arrive 30 minutes prior to your appointment time to enjoy the facilities and ensure your treatment starts on time. Late arrivals may result in a reduction of your treatment experience.

To make any changes to your booking, please contact Spa reception at T +65 6239 1780 / 1783

PERSONAL MATTERS
Please inform us of any health conditions at the time of booking. You will also be asked to complete a medical history form upon arrival, so we may better customize your experience to your needs.

SPA ATTIRE
You will receive a robe and sandals to wear between treatments and a locker for your personal belongings. We request that you please leave jewelry and valuables in your hotel room or the safe provided for you.
Opening Hours: 10 am - 10 pm

T: +65 6239 1780/1783

E-mail: purovel.merchantcourt@swissotel.com

www.purovel.com