



PÜROVEL SPA THERAPHY OFFERINGS

Purovel Spa & Sport Swissotel Ankara
Yıldızevler Mah. Jose Marti Cad. No:2 Çankaya, 06550 Turkey
Tel: (+90) 312 409 36 66 Fax: (+90) 312 409 36 67
purovel.ankara@swissotel.com /
www.purovel.com/ankara



SPECIAL COLLECTION

Signature Massage (60 minutes)

230 TL

Soothe and relax your body and mind as our signature massage eases tired muscles and takes you on a journey of peace and tranquility. We begin with refreshing towels gently wrapped around your feet, continue to melt away stress and tension with this comforting treatment, and end with a calming face massage.

Sweet Hearts Massage (60 minutes)

460 TL

Just the two of you – celebrate and share your spa experience in our private couples spa suite.

Sport Massage (60 minutes)

240 TL

Revitalize and relax yourself with our vigorous massage that is recommended for muscle fatigue, chronic pain, and sports enthusiasts. Our therapists use a variety of techniques to increase circulation, unwind muscle tension, and restore restricted movement.

Tune-Up (30 min)

150 TL

Our half hour massage treatment is given as a mini tune-up and focuses specifically on the back, neck, shoulders and scalp. If guests are short on time and high on stress, they should try this treatment.

Aroma Therapy (60 minutes)

230 TL

The aroma therapy massage begins with your selection of our pure aromatherapy oil blends. This oil is warmed and applied slowly and gently, providing relaxation, stress relief, and a refreshing boost to your mood. Enjoy this respite and pleasurable experience.

Raki Massage (60 minutes)

240 TL

Raki is the national drink of Turkey. It is a distilled alcoholic beverage that is strongly aromatized with anise. Raki is mixed with warm oil to penetrate sore muscles for a more invigorating massage. Raki's natural properties help with muscular aches and its fresh aroma will awaken the senses. The aromatherapy benefits of this massage are mildly euphoric and cheering.

Mountain Meadow Massage (60 Min/ 90 Min)

250 TL /350TL

This customized relaxation massage uses long, smooth strokes to relax muscles and aid both the lymphatic and circulatory systems. Deep breathing of our signature Pürovel aromatherapy blend starts the relaxation process prepares you for the nourishing body, mind and skin massage.

Mountain Stone Massage (60 Min /90Min)

240 TL/ 350 TL

Our signature Pürovel aromatherapy blend combines essential oils with hot stones, to create a deep heat massage, to release tension, relieve muscles and melt away stress.



Foot Paradise (30 minutes)

150 TL

Lie down, listen to the music, and put your feet up. We will begin with a foot scrub and proceed with warm towels sending you on the road to pure relaxation. We then follow this up with a lavish foot massage, using a healing cream that feels luxurious.

Imperial Head Massage (30 minutes)

150 TL

Close your eyes, and enter into a time of serenity with this traditional Indian experience. Warm oil is applied to nourish your hair and scalp, followed by a slow tension relieving, pressure point head and face massage.

Turkish Hamam Experience (30 minutes)

150 TL

Partake in this Ottoman tradition of cleansing your skin. Using a pouch, we scrub away the dead skin cells allowing your skin to breathe again. This allows the circulation in your body to improve. Next comes a soap massage from head to toe under a pleasant smelling cloud of lather.

Foam Massage and Relaxation (20 minutes)

120 TL

Relaxation With Jacuzzi After Massage (30 minutes)

120 TL

Relaxation With Jacuzzi (30 minutes)

200 TL

Sea Crystal Polish (60 minutes)

220 TL

We use sea salts that are naturally infused with minerals including magnesium, potassium, iron, calcium chloride, and sodium from Turkey's Tuz Gölü or Salt Lake. Then buff your body invigoratingly to give your skin a wake-up call. The treatment is completed with an application of lotion combined with olive oil from the Aegean Sea.

Alpine Spring Massage (60 Min /90 Min)

240 TL /350 TL

A relaxation style massage with medium pressure eases tension and stimulates blood flow. Deep breathing of our signature Purovel aromatherapy blend clears the mind and breathing passages. A perfect massage for active who need some muscle recovery.



FAR EAST WIND

Reflexology (60 minutes)

230 TL

Reflexology promotes relaxation and well being. Our Professional Therapist will apply you more than a foot massage and promote the body's own healing powers. It's a natural healing therapy which is highly effective in dealing with many complaints.

Balinese Massage (60 minutes)

230 TL

Balinese massage uses a combination of techniques of gentle stretches , acupressure and aromatherapy oils to stimulate the flow of blood , oxygen and energy around your body and brings deep relaxation and wellness.

PÜROVEL SPA & SPORT PACKAGES

THE DREAM OF PÜROVEL

Turkish Hamam Experience (30 minutes)
Signature Massage (60 minutes)
Imperial Head Massage (30 minutes)
Jacuzzi with Lavender Mousse (30 minutes)
Orange Juice

580 TL

POWER OF ZEUS

Turkish Hamam Experience (30 minutes)
Sport Massage (60 minutes)
Imperial Head Massage (30 minutes)
Sauna & Steam Room
Swimming pool
Orange Juice

580 TL

THE BEAUTY OF APHRODITE

Jacuzzi with Lavender Mousse (30 minutes)
Sea Crystal Polish (60 minutes)
Tegoder Skin Care (60 minutes)
Foot Paradise (30 minutes)
Liqueur

650 TL

SWEET HEART

Massage for the two of you (60 minutes)
Jacuzzi with Lavender Mousse (30 minutes)
Swimming pool
Champagne & Fruit

700 TL



- **All prices are inclusive of 18% VAT**
- **All prices and menu items are subject to change and subject to availability.**